

Target Blood Pressure Resources



MEASURE & DIAGNOSE HIGH BP

Achieving Accuracy: BP
Measurement e-module

BP Positioning Challenge

CME Course: Measuring
Blood Pressure Accurately

Technique Quick Check



[Link to resources](#)

CREATE & UPDATE A TREATMENT PLAN

Act Rapidly Pre-assessment

Treatment Algorithm

How Do I Manage My
Medicines?

What is High Blood Pressure
Medicine?



[Link to resources](#)

MANAGE BP

CME Course: Improving BP
Control Trough Policy

Combined Quick Start
Guides

Partner with Patients Pre-
assessment

Consequences of High
Blood Pressure



[Link to resources](#)

PATIENT-MEASURED BP

Evolving SMBP Programs:
Technology, Operations, &
Sustainability

SMBP Loaner Device
Inventory Management

AMBP Average Calculator

SMBP Device Accuracy Test



[Link to resources](#)

RECOGNITION PROGRAM

Data Collection Worksheet

Evidence-Based BP
Activities Q&A Webinar

Target: BP Data User Guide

Target: BP Recognition -
Frequently Asked
Questions



[Link to resources](#)

BEST PRACTICES

2018 AHA Scientific Sessions
Q&A Discussion

CME Course: Physical
Activity Guidelines for
Americans

Guideline Hypertension
Highlights

Success Stories: Early Wins
With Target: BP



[Link to resources](#)

Visit [**targetbp.org**](https://targetbp.org) and click on the Tools & Downloads
tab to view these materials and additional resources.