



safeTalk

training

**100%
FREE!**

Suicide is preventable. Anyone can make a difference. The safeTalk training is a suicide alertness training that:

- *Break down stigma*
- *Recognize warning signs*
- *Teaches people how to respond & react*
- *Learn 4 basic steps to connect others with 988 & local resources*

REGISTER HERE:



Put "Richmond" in Location and "10/10/2024" in date!

SPACE IS LIMITED, REGISTER NOW!



Office of
Mental Health

